



*BAHRAIN RUGBY FOOTBALL CLUB*



# YOGA CLASSES

**@ Bahrain Rugby Football Club**

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- ✓ *Experienced & certified coaches*
- ✓ *Great for all experience levels*
- ✓ *Non-members welcome*

*IN PARTNERSHIP WITH*



***Classes start Sun 28 Apr, BD7 per class***

*Every Sunday, Wednesday & Friday, 10.00AM*

*Bring your own Yoga Mat*

**FOR MORE INFO & BOOKINGS:**

**WhatsApp: +973 3399 2236**

